

LIST ALL SURGICAL OPERATIONS AND YEARS _____

LIST ALL Over the Counter & PRESCRIPTION MEDICATIONS YOU ARE ON:

WHEN WAS YOUR LAST AUTO ACCIDENT _____

HAVE YOU HAD PREVIOUS CHIROPRACTIC CARE? YES / NO

IF YOU HAVE, DR. & DATE _____

HAVE YOU EVER BEEN KNOCKED UNCONSCIOUS? YES / NO FRACTURED A BONE? YES / NO

IF YES, PLEASE DESCRIBE _____

OTHER TRAUMA: _____

SOCIAL HISTORY

1. **SMOKING:** cigars pipe cigarettes → How often? Daily Weekends Occasionally Never

2. **EXERCISE:** How often? Daily Weekends Occasionally Never

3. How does your present problem affect the following: **HOBBIES – RECREATIONAL ACTIVITIES - EXERCISE**

4. WHAT DAILY ACTIVITIES ARE BEING RESTRICTED BY YOUR CURRENT HEALTH PROBLEMS:

Carrying/Lifting Groceries

Driving

Reading/Concentration

Sexual Activities

Sitting to Standing

Extended Computer Use

Sweeping/Vacuuming

Sleep

Climbing Stairs

Garbage

Dressing

Static Sitting

Pet Care

Lifting Children

Shaving

Static Standing

Yard Work

Walking

Bathing

Laundry

Dishes

Other: _____

***PLEASE MARK** the areas on the Diagram with the following **letters** to describe your symptoms:

R = Radiating B = Burning D = Dull A = Aching N = Numbness

S = Sharp/ Stabbing T= Tingling

What relieves your symptoms? _____

What makes them feel worse? _____

